

# The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

## In the news

### Blood drive scheduled

A blood drive will be held Monday an 82nd from 8 a.m. to 4 p.m.

The drive, themed "Support our troops - Donate," will be held in the community center both days.

All donations will be given to the Armed Services Blood Program to ensure lifesaving supplies are always available.

For more information about the blood drive, contact Ernie France at 736-6676.

### Patriots Day remembrance and celebration service

A memorial service of prayer, remembrance and celebration will be held Thursday at 8 a.m. in the base theater.

Col. Joseph Seawell, 82nd Training Group commander, who was stationed at the Pentagon when the attacks occurred, will deliver a message of his experiences two years ago.

### Happy Birthday Air Force

The Air Force celebrates its 56th birthday Sept. 18.

The "Birthday Bash" Committee has planned a day to remember "100 Years of Flight."

The celebration begins at 3 p.m. with a sweet n' tasty cake-cutting ceremony at the new Heritage Center followed by an interesting documentary on the history of the Air Force and Sheppard.

The day culminates with a banquet at the community center with cocktails at 6 p.m. and a buffet at 7 p.m.

Tickets for the banquet will be available beginning Monday. For more information, contact Master Sgt. Larry Moore at 6-3331 or Master Sgt. Dinah Moore 6-8092.

# A filthy battle

## Sheppard to begin fight for environment through recycling

**By Master Sgt. Jeff Szczecowski**

*Base public communication*

Sheppard is going to war, a war that it fully expects to win.

The fight will be waged on all fronts against a battle-tested foe: solid waste.

To achieve ultimate victory, the base has initiated a recycling awareness campaign intended to soften enemy targets.

The full thrust of the assault on paper, cardboard, newspapers, magazines, plastics, aluminum cans, oil filters and likewise pockets of resistance is scheduled to begin on Oct. 1 when Sheppard's ground troops — military, family members, and retirees — begin a full-fledged pincer movement designed to put the squeeze on waste and turn Sheppard's recycling program into a model for the rest of the Air Force.

1st Lt. Nathan Kartchner, the base qualified recycling program manager, said the 82nd Civil Engineers Squadron has been putting the needed resources and the organization into place so the base's recycling program will be at full force once the new fiscal year begins.

A vital component of both the resources and the organization is the base's ever-growing cadre of unit recycling monitors, he said, who currently oversee recycling efforts at approximately 177 Sheppard facilities.

Mr. Mark McBurnett, 82nd CES, environmental flight chief, agreed that the recycling monitors are a very important part of the overall recycling program.

"Lieutenant Kartchner and his staff have established an outstanding network of primary and alternate recycling monitors who assist with recycling issues, distribute program information, procure recycling equipment and request special pick-ups, as required, at the various units, squadrons and

groups throughout the base," Mr. McBurnett said. "They're the backbone of the base's recycling program."

Base leadership has given its full support to an aggressive recycling program, making it a top priority, Mr. McBurnett said. Brig. Gen. Arthur Rooney, 82nd Training Wing commander, has even gone so far as to implement a quarterly recycling incentive program, where squadrons and groups will compete against each other to determine what units on base, per capita, are recycling the most products.

"The winning squadron will be recognized on Team Sheppard TV and their group will receive a lucrative incentive check from either General Rooney or (82nd TRW vice commander) Colonel Sims," he said.

Besides a monetary award and public recognition, there are other reasons to support the recycling program, Lieutenant Kartchner said.

"Recycling is important for what it represents — it shows that we care about something more than our own immediate convenience," he said. "It shows that we're good stewards of the environment, and that we care about future generations."

He added that Sheppard is a great place to stress recycling and environmental awareness because of the large number of



Photo by Airman Jacques Lickteig

**Tom Matthews of Arrow Disposal Service empties a recycling bin into a truck during his regular run Tuesday. A major campaign to recycle on Sheppard is scheduled to begin Oct. 1.**

students from all branches of the Armed Forces who pass through Sheppard's gates. They can develop an attitude of good stewardship, and take that to their next assignment.

Another reason for the emphasis on recycling is that Sheppard is diverting only 18 percent of its solid waste away from landfills, compared to the Air Education and Training Command goal of 40 percent. The

**See RECYCLING, Page 7**



**Team Sheppard Training 2003**



**82nd Training Wing: 51,729 students trained to replenish America's combat capability**

**80th Flying Training Wing: 128 combat pilots trained for the NATO Alliance**





Photo by Ms. Sandy Wassenmiller

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, presents the 82nd Training Wing Junior Enlisted of the Quarter Award to Senior Airman Nicholas Haight, from the 361st Training Squadron, for the second quarter of 2003.

Action Line 6-2000,  
action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have.

I am personally involved in every reply, and I am committed to making Sheppard Air Force Base a better place to live, work and play.

Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 6-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number.

Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.

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The 'Heat is On' proves beneficial  
An airman's account of a night at the enlisted club

By Airman Jacque Lickteig  
Base public communication

Just when I was growing tired of going to the only popular dance club in Wichita Falls every weekend, I was reminded of another form of entertainment in which I could participate.

At the E-1 through E-3 call Aug. 22, 82nd Training Wing commander Brig. Gen. Arthur Rooney Jr. stressed the importance of the enlisted club and the opportunities it provides.

Honestly, I never thought I'd join the enlisted club. I assumed the activities and entertainment it provided weren't really something I would enjoy. Also, I didn't think I would find many people my age there on the weekends.

I thought to myself, "Why pay membership fees for something I would never take advantage of?"

But, General Rooney told us about the enlisted club's membership drive, the Heat is On, and how all membership fees are waived for E-3s and below while they are stationed at Sheppard.

So, I joined the club that day. I figured I might as well take advantage of what's free.

That night, my friends and I were trying to decide what to do. I happened to have an enlisted club calendar. We noticed the club was having a comedy night, and we all decided to go.

We paid our \$8 admission, which was a \$7 discount benefit for club members, and chose our seats.

I was surprised with the atmosphere. What housed all of Sheppard's E-1 through E-3s just hours before, was transformed into what seemed like a

real comedy club.

The comedians weren't what I expected, either. I thought their jokes would have boundaries because we are on a military installation, but there were no holds barred. I laughed so hard at some of the jokes, I cried.

After the comedy show, my friends and I decided to see what the rest of the club was like on a Friday night.

A disc jockey played some popular dance songs while we danced for about an hour and a half.

I had a genuinely good time at the enlisted club. It wasn't just because of the comedians and the dancing, but more because it gave me a chance to see the people I usually only see in a professional manner in a more personal, friendly light.

For more information about membership or activities, call 6-2083.



Photo by Airman Jacque Lickteig

Comedian Moe Maer dominates the stage and keeps people laughing at the Comedy Night at the enlisted club Aug. 22.



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# Number of base larcenies rises

By Master Sgt. Micheal Lathan

82nd Security Forces Squadron

Ninety-three percent of the larcenies reported last year to security forces involved property that was left unsecured.

This statistic emphasizes the importance of securing personal property to prevent becoming a victim of a crime.

Please take a few minutes to answer the quiz to determine if your actions have put you at risk of becoming a victim.

- Do you always lock your dorm room or wall locker?
- Do you keep your car windows rolled up, even on hot days?
- Do you keep valuables (i.e. CDs, wallet, purse, etc.) out of sight in your room?
- Do you lock your bicycles, lawn mower, grill, etc. even if they are inside your fence or on your patio?
- Do you lock the doors to your house every time you leave, even just for a moment?
- Do you keep your blinds and/or curtains closed when you are away?
- Do you keep the windows in your home locked?
- Do you mark, log, and/or photograph your valuable property?
- Do you use lockers and locks to secure items you take to the gym or pool?

If you answered no to any of the above questions, then you are increasing your risk of becoming a victim.

Recently there has been a marked increase in larcenies committed on Sheppard. The main areas of concern are dormitories, gyms, and housing areas.

If individuals took the extra minute to secure their belongings, most of these larcenies could have been prevented.

Personnel residing in the dormitories should always secure their rooms when leaving, even if it's just for a short period of time.

Larcenies in dormitories have increased the most, and 90 percent of incidents involved unsecured property. Larcenies in gyms are next in line, with every incident involving unsecured property. Lastly, 98 percent of the larcenies in housing areas involved unsecured property. If you value your belongings and want to keep them, please secure them.

Another concern is larcenies at the base exchange; however, most shoplifters get caught. The base exchange has security guards that monitor more than 60 cameras strategically located throughout the facility.

An average of three criminals per week are caught at the base exchange. Items most often taken are CDs, DVDs and clothing. These larcenies often end the career of military members.

The 82nd Security Forces crime prevention section is available to attend commander's calls to brief current crime trends. The goal is to keep the base populace informed, and allow them to act rather than react. Security forces has also stepped up foot patrols in the dormitories, gyms and housing areas to help mitigate the trend.

You will never become immune to larceny, but by securing your property, you will lower your risk of becoming a victim and reduce crime in the community.

If you have any questions, please contact your unit crime prevention monitor or Senior Airman Shauna Snyder at 6-7616. Remember, crime prevention is everyone's responsibility!

# MPF reminds personnel to check SGLI beneficiaries

By 1st Lt. Timothy Hughes

Military personnel flight

Servicemembers' Group Life Insurance is a valuable benefit.

In the event of death, SGLI affords servicemembers the ability to leave up to \$250,000 to their loved ones, at a cost of just a small monthly deduction from their pay.

Specifically naming intended beneficiaries best assures the accurate and timely payment of insurance proceeds.

Since SGLI is a contract between the member and the insurance provider, it is not controlled by the terms of a will or by a state's laws for distributing property in the event of death without a will. Members have an absolute right to name each person or entity they desire as a beneficiary, and the insurance provider pays the beneficiaries so named.

By failing to name beneficiaries, members give up control

of who receives the benefit.

Using the term "by law" to identify beneficiaries creates a significant risk of payments to unintended beneficiaries, delays in payment and legal action by people claiming false intentions or attempting to include themselves within the class covered by the term "by law."

By taking some time to consider and name specific beneficiaries, members avoid these potential problems and exercise the power to control how their benefits are paid.

Although disputes can still occur when a member specifically names beneficiaries, the specifically named beneficiaries will prevail over the unnamed claimants. Court decisions bear this out, routinely citing specifically named beneficiaries as the best evidence of a member's intent.

Members must periodically review and update beneficiary designations to ensure they con-

tinue to reflect their intentions for the disposition of this benefit of service.

The best times to do this include during in- or out-processing for a permanent-change-of-station move, before or after a deployment, after significant life events like marriage, divorce, separation, birth or adoption of a child, or death of a named beneficiary, or any time a change in beneficiary designations is desired.

To start or make changes to your SGLI come to the military personnel flight customer service office on the first floor of Bldg. 402. For questions, call 6-2224 or 6-2225.

If you need legal advice on the SGLI, and "by law" designations, feel free to make an appointment with the Sheppard Law Center by calling 6-4262 or visiting their Web site at <https://webm.sheppard.af.mil/82trwja/index.html>.



## Safety office advises about electrical hazards

By Mr. Michael Lovell

82nd Training Wing Safety

As the summer drags on we continue to do work in and around the house and need to keep safety a priority.

The power tools used for work around the house are sometimes neglected once the job is done.

Faulty cords and equipment neglect cause ninety percent of electrical injuries from power tools.

When working with electrical power tools keep in mind the following tips:

■ All corded tools should have a three-prong plug or be double insulated.

■ You should never pick up tools by the cord. This can damage the cord and its insulation leading to possible electric shock.

■ If you are using an extension cord, make sure it also has three prongs and the capacity to handle the tools or equipment you are using.

■ Before you start up a tool or piece of equipment make sure it is turned off. Unintentional startups can be catastrophic!

When working outside with electrically powered tools and equipment, we need to be even more cautious due to the changing environment. Things that are more controlled indoors can get

out of hand when we are outside, so keep these tips in mind.

■ Use Ground Fault Circuit Interrupter (GFCI) type electrical sockets outdoors.

■ Never use electrically powered tools and lawn equipment in the rain or even a moist area, to include dew on the ground.

■ Keep a close eye on cords so you don't cut them.

■ Try to use one long extension cord versus many small ones.

■ Use only extension cords that are approved for outdoor use.

■ Watch for overhead lines when using ladders, installing antennas or handling long pieces of metal pipe. It only takes one contact with an overhead electrical line to end your life or critically injure you.

These tips may seem like common sense, and they are, but we drive the point home for a reason...people continue to disregard them.

Summer is winding down, and people are trying to catch up with home repairs and projects that have been put aside.

Before getting started on these projects, please use good risk management and consider the hazards and ways to eliminate or at least minimize them. Team Sheppard can't afford to lose you to injury or even worse.



# Booming business begins at Sheppard

By Mr. Mike McKito

Base public communication

Somewhere over the Atlantic, a cell of four F-16's is on their way to support Operation Iraqi Freedom and fuel is running low. At a pre-determined time, a KC-135 tanker appears and replenishes these fuel-starved aircraft so they can continue their journey into harms way.

The pictures of an operator expertly guiding an Air Force tanker boom to unload fuel to various aircraft have been seen by most personnel. But, the photographs that haven't been seen are of the people behind the scenes who make this happen.

All active and reserve Air Force personnel and Air National guardsmen begin their boom operator training in the 364th Training Squadron's basic hydraulics course.

There they learn the fundamentals of hydraulics, how it interacts with aircraft systems, the overhaul and testing of components and inspection concepts of parts, both on and off the aircraft.

"We don't get specific," said Tech. Sgt. Johnny McKenzie, aircraft hydraulics systems instructor supervisor. "We are very general."

At this point, students don't know which aircraft they will be assigned to work on. However, sometime during the course assignments are handed out. Some will go to a C-130 base, others to B-1's or F-15's. Still others will be assigned to a KC-135 unit.

"It's the luck of the draw (as to what aircraft they will be assigned to)," said Sergeant McKenzie.

If students are assigned to maintain a KC-135 boom, they will remain at Sheppard and attend an inflight refueling system course, also taught by the 364th.

"This is an 11-day course, the first part of which is classroom learning the major components of the boom" such as the different components within the structural tubes, or fuel tubes, the fuel flows through, Mr. Michael Dula, inflight refueling system instructor supervisor, said. "Once the students learn the structural

tubes, then we break it down to the components inside the tubes."

The of the time is spent in the classroom and the hangar. Students spend valuable time on a life-size mock-up of a KC-135 boom and are taught functions such as removal and replacement of components and removal and resealing of components.

They are also taught how to fix the "ruddevators," the small wings used to fly the boom.

Everything on the boom belongs to the hydraulics repairman, whether it is mechanical, electrical or hydraulic.

"The hydraulics person does it all," Mr. Dula said.

With the relatively small number of KC-135 aerial refueling aircraft in the Air Force's fleet, the number of boom operators is small, too. That affects the number of students who will go through Sheppard's IFR systems course.

This fiscal year Sheppard will train about 60 IFR students.



Photo by Mr. Mike McKito

Staff Sgt. Michael Daniels, an aircraft hydraulic systems instructor with the 364th Training Squadron, shows Airman Basic Andrew Madson on the installation procedures for a hydraulic reservoir. Students learn the fundamentals of hydraulics before they can move on to become boom operators on aerial refueling aircraft.

## In a minute: Colonel shares management secrets

By 2nd Lt. Ellen Harr

Base public communication

Col. Kathy Jones, 82nd Training Wing director of plans and programs, can accomplish a lot in a minute.

At the Lunch and Learn on August 28, she had 30 minutes and an audience who was ready to listen.

Saving time was an important theme when Colonel Jones spoke at the officers club on the book "The One Minute Manager" by Dr. Kenneth Blanchard and Dr. Spencer Johnson. So she dispensed with the usual Lunch and Learn routine of formal introductions to "jump right into" the day's topic.

Colonel Jones identified three "secrets to one minute management" that could help her audience be more productive; more satisfied with their work and increase their personal prosperity. She explained these secrets work for leaders and subordinates alike.

Effective One Minute Management consists of: one minute goal setting, one minute praising and one minute reprimand.

First, Colonel Jones described the

process of one minute goal setting. The manager and subordinate begin by agreeing on goals then they agree on standards for those goals - much like the performance measurements used by the Air Force.

The next step in goal setting is writing down those goals on a single sheet of paper and reading and re-reading the goals. That step allows performance to be judged against the goal every time the goal is read.

Colonel Jones explained the 80-20 rule is another important part of one minute goal setting. She said 80 percent of results come from only 20 percent of goals. Therefore, it's best to focus on the 20 percent most critical to your key areas of responsibility and practice consistent one-minute goal setting with those goals.

To illustrate the process of one minute goal setting, Colonel Jones helped her executive officer, 1st Lt. Matthew Human, through the goal setting process. Lieutenant Human also helped Colonel Jones demonstrate the techniques of one minute praising.

Before she praised Lieutenant Human for completing his task, Colonel Jones made sure that he knew her expectations

up front. Once he got the job done, she praised him right away and used specific examples of what he did right.

Colonel Jones said that she felt good about his accomplishment and explained how it helps the organization and his coworkers.

Finally, she paused to let Lieutenant Human share her good feelings about his work, encouraged him to continue his productivity and shook his hand.

Colonel Jones concluded with the third secret of One Minute Managers, one minute reprimand, "Because not everything goes right all the time."

The first step of the one minute reprimand is similar to one minute praising, making sure that subordinates understand specific standards for behavior up front. Next, managers must reprimand subordinates immediately and use specific details about what they did wrong.

Colonel Jones also explained that it's important to tell how you feel about what they did wrong "in no uncertain terms" and pause for a few seconds of "uncomfortable silence" to let them "feel how you feel."

The one minute reprimand ends with a

firm handshake, a statement that the subordinate is still valued but their performance in that situation was unacceptable. Finally, Colonel Jones said the manager must realize "when the reprimand is over, it's over."

Colonel Jones and Lieutenant Human demonstrated the one-minute reprimand when Lieutenant Human arrived on stage with a haircut that didn't meet Air Force standards.

"Your hair is out of compliance with Air Force standards," Colonel Jones said. "I'm embarrassed by your blatant disregard for proper dress and appearance. I'm on your side, but you must get a hair cut right away to comply with established guidelines. You're an important part of our organization and I'm happy to have you on our team, but your behavior in this situation is unacceptable."

The next Lunch and Learn will take place at the officers club on Sept. 18. The guest speaker will be Lt. Gen. John Hopper Jr., Air Education and Training Command vice commander, who will speak on the topic "Aspects of Officership."

The Sept. 25 Lunch and Learn will feature veterans of the Korean War.

**Base residents should remain vigilant in water use**

Although lake levels aren't at a critical level, base residents should continue to conserve water.

■In an effort to conserve water, the following tips are offered:

■No lawn watering is permitted between 11:00 a.m. and 6:00 p.m. Watering permitted only before and after this window of time.

■Watering to a point such that run-off occurs is considered excessive, and is prohibited.

■Spot watering is recommend for drier areas that may require more water than areas adjacent.

■Position or adjust sprinklers so water falls on the lawn, and not where it's not needed. Eliminate or minimize overspray onto pave-

ments and sidewalks.

■Accept less than a lush lawn. Grass will naturally go dormant during periods of drought.

■Washing cars is permitted. It is recommend that a hose with positive shut-off at the nozzle is used.

**URHCS to consolodate emergency rooms**

United Regional Health Care System is going to consolidate their emergency room services beginning Sept. 8. All emergency patients who live in the Wichita Falls area should report to the 11th Street campus.

Women who are in labor should still report to the 8th street campus.

**Homeowners could be eligible****for settlement money**

Household Finance Corp. has agreed with state regulators to change its lending practices and pay up to \$484 million in consumer restitution nationwide for alleged unfair and deceptive lending practices.

The settlement covers mortgage and home equity loans made by Household Finance Corp., Beneficial Finance Corp. and Household Realty Corp. from Jan. 1, 1999 through Sept. 30, 2002. Affected consumers should have received notice of the settlement in August.

Those wishing to take advantage of its terms must respond to the notice by Oct. 14. Any consumers who took loans secured by real estate from Household or Beneficial

during the covered period but do not receive a notice should contact the settlement administrator by phone at (888) 780-2156 or online at <http://www.household-beneficial-settlement.com/contact.htm>.

For more information, contact the Sheppard Law Center at 6-4262 or DSN 736-4262 to schedule a free legal assistance appointment.

**No parking on grass**

Parking in the housing areas will be in driveways only or other authorized parking areas. Parking is not allowed on grass, seeded areas or any undesignated off-street area.

Occupants can be held responsible for broken sewer, water or gas lines as a result of driving over

them.

For more information, contact the 82nd Civil Engineers Squadron at 6-5769.

**Base to remember airmen in memorial service**

The 363rd Training Squadron will have a memorial service on Tuesday at 3 p.m. in the north chapel in remembrance of Airman Ellee Mae Smathers and Airman 1st Class Charles M. Capobianco.

Both were killed in an automobile accident while traveling from Sheppard to their future assignment at Ellsworth Air Force Base, S. D.

This service is open to all personnel who would like to pay final respects.

# Student Activities: Happenings in the community

## Student center events

Every Monday, 6-8 p.m. - jam session, bring your own instrument/equipment, free.

Every Tuesday, 5-9 p.m. - Video Night in the pub, free.

Every Wednesday, 3-5 p.m. - Pool Tournament, \$2 per person.

Every Thursday, 7-9 p.m. - Karaoke Night, free.

Every Friday and Saturday, 7 p.m. to 1 a.m. Club BDU dance, \$4 per person.

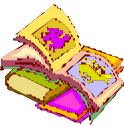
Every Sunday, 3-5 p.m. - billiards tournament in the ballroom, \$5 per person.



Sunday and Holidays: Noon to 9 p.m.

## Cards and collectibles show to hit center

There will be a cards and collectibles show at the center Saturday from 10 a.m. to 5 p.m. Admission is free. There will be vendor booths featuring sports cards, comics and other collectibles. For more information, call 6-7659.



## Center gives fitness incentive

Every Saturday the center offers a variety of exercise programs for students as part of the Fitness Incentive Training for Students program. Two plastic chips are given to those who participate and one chip is given to those who attend. The squadron that collects the most chips at the end of the program will win a prize.



## Hours of Operation

Monday-Thursday: 10:30 a.m. to 10 p.m. Friday and Saturday: 10:30 a.m. to 1 a.m. Sunday: Noon to 10 p.m. Holidays: Noon to 8 p.m.

## Red River Café Hours of Operation

Wednesday and Thursday: 4:30-10 p.m.

Friday and Saturday: 11 a.m. to 11:30 p.m.



Photo by Airman Jacques Lickteig

## Outta here

Airman Tara Vieira and Airman Ebony Armstrong, both Sheppard students who graduated Tuesday, get what they need to go to their first duty station. They are both going to Kirtland Air Force Base, N.M.



Photo by Airman Jacques Lickteig

## Guards post

Airman Ashley Schneider, 382nd Training Squadron, and Airman 1st Class Ching Ng, 383rd Training Squadron, post as road guards to ensure the safety of their fellow students marching during lunch.

## Chapel events

Sheppard chapels offer a variety of programs for student enrichment:

## Saturday

The Solid Rock Cafe is now open seven days a week at Bldg. 450. It's open Monday-Thursday from 7:30 a.m. to 9:30 p.m., Friday from 7:30 a.m. to 11:30 p.m., Saturday from 2 to 11:30 p.m. and Sunday from 2 to 9:30 p.m. For more information, call 6-7277.

## Sunday

Students are invited to the north chapel at 5 p.m. on Sundays for Bible study, an informal get-together with refreshments and student-led music, ending with athletic activities at the north fitness center.

## Community center events

### Free table tennis classes offered

Free classes are held every Monday and Friday. Professional tournament instructors are available. For more information, call 6-3866.



## Pool tournament

Pool tournaments are held every Sat-

urday at 2 p.m. The fee is \$2 per person. There will be first- and second-place trophies. Call 6-3866 for more information.



## Free video night

The community center has a free video night every night beginning at 5 p.m. on the big screen TV in the lounge on the second floor. For more information, call 6-3866.

## Other events

### Students, MTLs to face off in softball game

There will be a student vs. MTL softball game at Field 1 Sept. 13 at 10 a.m. To participate, sign up by Thursday. Call 6-2972 for more information.



### Dining facilities celebrate birthdays with dinner

Students who are having a birthday this month and are on subsistence in kind are invited to celebrate their birthdays on the Friday of their choice for dinner. Contact the cashier to pick up a birthday card registration form. Students can contact the dining facility manager/supervisor, or call 6-2080 for more information.

## CFC scheduled begins Sept. 15

Team Sheppard's 2003 Combined Federal Campaign begins Sept. 15 with the theme "What Makes America Great" and will last until Oct. 24.

The annual program gives all federal employees the opportunity to donate to local, national and international charitable organizations that can make a positive difference in the lives of thousands who find themselves in a time of need or crisis.

The program began in the 1960s to create one fund-raising

entity that federal employees could support. There are now over 1,400 charitable organizations that are recognized by CFC.

Each organization has met strict compliance standards for service and financial accountability before being accepted by the CFC. Team Sheppard's family support center, family services, child development center and youth centers are just some of the agencies that can benefit from your generous contributions.

Last year's CFC campaign

was an overwhelming success and this year's goal is \$333,000, which is a 2 percent increase over last year's goal. This should be easily obtained if everyone keeps in mind this year's theme "What Makes America Great."

For questions about the CFC, contact the CFC unit coordinator, Lt. Col. James Bruno, 82 Training Group Deputy Commander, at 6-1829, Maj. Karen Fraley at 6-5941, Capt. Charles Ashmore at 6-7292 or Master Sgt. Jeffrey Foreman at 6-7082.

## RECYCLING

### Continued from Page 1

base is striving to reach that level by October 2004.

To get there, base members should remember the three R's: reduce, reuse and recycle. It's up to each Sheppard member to make a conscientious effort to adhere to the spirit of these three words.

Learning more about how to make a positive contribution to the base's recycling efforts is as easy as following the "recycling chain-of-command," Lieutenant Kartch-

ner said. It's also a good way to manage issues within each unit.

"If you have a recycling request or suggestion," he said, "try to work it first through your facility monitor. If that doesn't satisfy you, contact your squadron monitor, then your group unit environmental coordinator."

Mr. McBurnett stressed that the time has come for everyone to have a "recycling mindset," an attitude that's pervasive throughout the Sheppard community, at the workplace and on the home front.

"Recycling should no longer be

considered a personal decision, or a matter of choice. It's something that's expected of each of us. Recycling is how we do business—it should be just as much a part of the duty day as reveille and retreat," he said.

For more information or assistance, contact the QPM office at 6-2638.

# Board to look into aging aircraft

WASHINGTON (AFP) — The Air Force has created an office within the installations and logistics directorate to assess the future of its aging aircraft fleet.

Air Force Secretary Dr. James G. Roche asked Lt. Gen. Michael E. Zettler, Air Force deputy chief of staff for installations and logistics, to come up with a process to provide senior leaders with an unbiased assessment of the service's aircraft inventory, similar to the Navy's process for retiring ships.

In answer to that directive, Air Force Aeronautical Systems Center, at Wright-Patterson Air Force Base, Ohio, came up with the Fleet Viability Board process and continues to support the Air Staff function.

Board officials will coordinate the studies on particular airframes and make recommendations to service leaders about the future of those airframes within the Air Force. In the past, the Air Force has had no official system for determining when aircraft should be retired from service.

The board itself is not a decision-making body, according to Col. Francis P. Crowley, the board's director. In fact, the board's recommendations will be presented as unbiased factual statements about an airframe.

Board officials are developing the processes they will use to assess a particular fleet. However, they will examine maintenance and depot records, as well as the cost of continuing to fly a type of aircraft and the effectiveness of its weapons systems.

"They might find more corrosion and fatigue damage at the depots," said Mr. Richard Mutzman, the board's chief engineer. "You can look at those types of discoveries and look at ... what kinds of activities will be needed to keep that aircraft viable and air-worthy and what the costs associated with that are."

The board will consist of full-time technical engineers, cost analysts and sustainment logisticians and part-time senior executive service-level civilians from the same functional areas. The senior members of the board may also include advisers from sister services, industry, government and academia, Colonel Crowley said.

"Finding the best (people) to serve as senior board members is

critical," he said. "(They) will eventually review and sign the reports that make recommendations about the future of various aircraft.

"I want to have highly regarded people reviewing the report, so when it goes before senior leadership, they will feel comfortable that our information is unbiased and can be used to make the best decisions for the American taxpayer," he said.

The board will be fully staffed by Oct. 1 when they begin assessing the viability of the



Photo by Airman 1st Class Kristi Hare

**ALTUS AIR FORCE BASE, Okla. - C-5 Galaxy** like this one at Altus Air Force Base will be looked at by a newly organized board to advise leaders on its viability.

C-5A Galaxy, Colonel Crowley said. He expects that process to take four months.



# — Soundoff —

***What service would you like to see on base?***



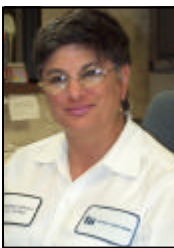
*"I would like to see an integrated coffee/internet café to accommodate 50+ students/permanent party,"* Capt. Rene Alaniz, 360th Training Squadron instructor.



*"It would be nice to have an area on base to be able to wash and detail your car,"* Senior Airman Benjamin Guillory, 366th Training Squadron student.



*"I would like to see a book store,"* Tech. Sgt. Kevin A. Smith, 382nd Training Squadron instructor.



*"I would love to see the base exchange have a separate section for craft supplies,"* Ms. Jan Cooper, Trend Western contractor.

**Work smarter, not harder. Do it right the first time.**



Photo by Airman Jacque Lickteig

## ***Score!***

Lt. Col. Roger Rostvold, commander of the 372nd Training Squadron, and Airman 1st Class David Dalia, a student from the 383rd Training Squadron, play a game of foosball at the new Solid Rock Cafe as Mr. Jim Hale, chief of the 82nd Services Division, watches. 82nd Training Wing commander Brig. Gen. Arthur Rooney Jr. cut the ribbon for the new Solid Rock Cafe in Bldg. 450 Tuesday.

# Centennial of flight:

## This week in air and space history

To find out what is going on at the officers and enlisted clubs, see page 14.

**Sept. 5, 1923** – Planes of the U.S. Army Air Service bomb the battleships Virginia and New Jersey off Cape Hatteras in a series of tests. Bombs dropped from 6,000 feet sink the New Jersey in 7.5 minutes. The Virginia sinks in 4 minutes.

**Sept. 5, 1941** – Nine U.S. Army Air Forces B-17 "Flying Fortresses" fly from Hawaii to the Philippines, the first mass flight of heavy bombers across the western Pacific.

**Sept. 6, 1943** – The Central Flying Command at Randolph Field, Texas, directed Sheppard Field to establish an Army Air Forces Glider Classification School for training glider pilots.

**Sept. 6, 1947** – The first large rocket was launched from the deck of a ship, the USS Midway. Though launched from a U.S. aircraft carrier, the rocket is a German V-2.

**Sept. 7, 1909** – The U.S. Army's first aerodrome established in College Park, Md.

**Sept. 7, 1956** – The Bell X-



2 rocket plane sets an altitude record at over 126,000 feet.

**Sept. 8, 1944** – The first military long range rocket was fired on an enemy target when the German V-2 was launched with more than a ton of explosives. Like many of the German V-2's, it was directed against London.

**Sept. 9, 1977** – Delivery of first Space Shuttle External Tank to NASA.

**Sept. 10, 1982** – A search and rescue satellite, or SARSAT, was used to rescue a downed aircraft. This was first rescue of an aircraft with help from a satellite. As of August 1984, 223 lives have been saved by this International Search and Rescue Program.

# Sheppard Spotlight:

## 15 lines of fame

All articles submitted to the *Sheppard Senator* must be in no later than noon the Friday before publication.



**Airman 1st Class Lauren Kinzer**

- 1. Name:** Lauren Kinzer.
- 2. Rank:** Airman 1st Class.
- 3. Organization and position:** 381<sup>st</sup> Training Squadron, personnel apprentice.
- 4. Hometown:** Laurel, Md.
- 5. Married or single (include your family if you'd like):** Married to a wonderful man, and mother to a beautiful son.
- 6. Hobbies/Favorite thing(s) to do in your free time:** Spend time with my family.
- 7. Funniest childhood memory:** Me and my brother getting in trouble!
- 8. Why did you join the Air Force?** Travel and educational opportunities.
- 9. Why do you stay in the Air Force?** To gain experience in life by learning from others.
- 10. Date Arrived at Sheppard:** June 24, 2002.
- 11. Most rewarding aspect of your job:** Interacting with different types of people.
- 12. Favorite book or movie:** "Sleeping Beauty."
- 13. What is your dream vacation?** Traveling somewhere I have never been.
- 14. If you could be anyone for one day, who would you be?** Bruce Lee.
- 15. Most prized possession:** My family.



## General activities

### Ceramics shop open for summer hours

The ceramics shop is open for summer hours. All the materials needed to start creative projects are available. More than 2,500 craft projects are available for lessons with a variety of paints, glazes and supplies. The ceramics shop is located in Bldg. 832, the health and wellness center building. Summer hours of operation are Wednesday-Friday from 11 a.m. to 8 p.m., Saturday from 10 a.m. to 5 p.m., and Sunday from noon to 5 p.m. For more information, call 855-0118.

### Library to have Grandparents' Day story time

The library will have a free Grandparents' Day story time for children 3 to 6 years old Tuesday from 10:30 to 11 a.m. For more information, call 6-6152.



### Library to offer crochet class

The library will offer free basic to intermediate crochet classes every night from 6:30 to 8:30 p.m. beginning Thursday until Oct. 9. Bring a crochet needle and four-ply yarn. Call 6-6152 for more information.

### Community center to have bed race

The community center will have a bed race Sept. 13 from 8 to 11 a.m. at the BX parking lot. Registration deadline to participate in the event is Wednesday. Seven-person teams will compete in five categories:

- Best bed decoration
- Best costumes
- Best race time
- Best agility
- Best theme

The first-place prize for highest overall points is seven rides in an official NASCAR car. The second-place prize is seven Red River Speedway family passes.

There will also be drawings for additional prizes and an ice cream social at 11 a.m. For more information, call 6-3866.

### Library to have computer class

The library will have a free computer class Sept. 13 from 9 to 11:30 a.m. The focus of the class will be "Buying a computer that suits your needs." Call 6-6152 for more information.

## Club activities

### Officers club has daily lunch specials

The officers club has daily lunch

specials Monday through Friday. Cost is \$5.95 for members and \$7.95 for non-members. Membership pays!

On Mondays, they serve a country lunch. Tuesday is Italian. Wednesday is Texas style. Thursday is Mexican, and Friday is seafood. Call the officers club at 6-6460 for more information.

### Enlisted club offers darts, cards, dominoes

The enlisted club offers a variety of activities. Cards, dominoes and pool are available every day. Also, a video game system is available every night to play in the main bar area. For more information, call 6-2083.

### Enlisted club to offer place to watch Monday night football

The enlisted club will tailor its lounge to its football fans Monday. All are welcome to watch Monday night football beginning at 8 p.m. For more information, call 6-2083.



### Enlisted club to have Latin night

The enlisted club will have a Latin night Sept. 13 from 9 p.m. to 1 a.m. Call 6-2083 for more information.

### Officers club to have two-for-one sirloin

The officers club is scheduled to have a two-for-one sirloin night Sept. 12 for members only. The cost is \$9.95 for two. Call 6-6460 for more information.

## Upcoming trips, shows

### ITT planning upcoming trips in August

ITT offers tickets and tours to local and surrounding attractions. Call 6-2302 for more information about any of these trips.

### Lincoln Square shopping and Palace of Wax and Ripley's, Sept. 13

The price of the tour is \$33.50 per person, and it includes round-trip transportation, leisure time at Lincoln Square and admission to Palace of Wax and Ripley's. The tour will depart from the community center at 9 a.m. Register by Monday.

**Six Flags over Texas, Sept. 27** - The price of the tour is \$53 per person, and it includes round-trip transportation and admission to Six Flags. The tour will depart the community center at 7 a.m. and return to base at 8 p.m. Register by Sept. 22.



## Now showing

### Today 6:30 p.m.

Lara Croft: The Cradle of Life

### Today 9 p.m.

Bad Boys 2

### Saturday 2 p.m.

Johnny English

### Saturday 4:30 p.m.

Lara Croft: The Cradle of Life

### Saturday 7 p.m.

Pirates of the Caribbean

### Sunday 2 p.m.

Lara Croft: The Cradle of Life

### Sunday 4:30 p.m.

Pirates of the Caribbean

### Thursday 6:30 p.m.

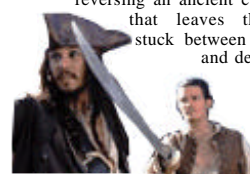
Pirates of the Caribbean

Schedule subject to change without notification. For information, call 6-4427.

**Lara Croft 2 (PG-13)** - Angelina Jolie, Gerard Butler - Lara Croft travels to a sunken underwater temple. It leads her to a sphere that contains the mythical Pandora's Box, only to have it stolen from her by Chen Lo, who's in league with a bad guy named Reiss, who wants to use the box as a doomsday weapon.



**Pirates of the Caribbean (PG-13)** - Johnny Depp, Geoffrey Rush - Set in the Caribbean Sea in the 17th century, Jack Sparrow teams up with the governor's daughter to stop Captain Barbossa and his crew from reversing an ancient curse that leaves them stuck between life and death.



## Chapel Schedule

### Student Ministry Program

**Solid Rock Cafe** - Bldg. 450  
Open every day. Monday - Thursday: 7:30 a.m. to 9:30 p.m., Friday: 7:30 a.m. to 11:30 p.m., Saturday: 2 p.m. to 11:30 p.m., Sunday 2 to 9:30 p.m.

Sunday, Protestant Bible study: 5 p.m., Christian contemporary praise service, 7 p.m.

Tuesday, chapel rope meetings, 11 a.m. and 4:15 p.m.

### Parish Ministry Program

### Protestant activities Worship services

Sunday, 10:30 a.m., Inspirational Gospel Service, south chapel

Sunday, 10:30 a.m. General

Protestant Worship Service, north chapel

Sunday, 10:30 a.m. Protestant Liturgical Worship Service, hospital chapel

### Religious education

Classes for ages 3 to adult begin Sept. 21, Bldg. 962

### Protestant Men of the Chapel

Saturday, 6:30 p.m., south chapel

PMOC breakfast/fellowship, second Saturday of the month

### Catholic Services

Sunday, 9 a.m. and noon, mass, north chapel

Monday through Friday, 11:30 a.m., mass, north chapel

Saturday, 4 p.m., confessions, 5 p.m., mass, north chapel

For more information, call the base chapel at 6-4370



### Daily Programming

Sheppard Today ~ 6 a.m., noon, 5 p.m.  
 Air Force News ~ 6:30 a.m., 12:30 p.m., 5:30 p.m.  
 Navy/Marine News ~ 8 a.m., 2 p.m., 7 p.m.  
 Army News ~ 8:30 a.m., 2:30 p.m., 7:30 p.m.

### Today

**4:30 a.m.** - Water Safety  
**9:30 a.m.** - Air Force Productivity Enhancing Capital Investment  
**3 p.m.** - Freedom Flyer's Reunion: Stories from POWs

### Saturday

**5 a.m.** - Famous General: Hap Arnold  
**10:30 a.m.** - Communication and Information Hall of Fame  
**8 p.m.** - Flying for Freedom: Women Air Force Service Pilots

### Sunday

**5:30 a.m.** - Listening to the Voices: Safety  
**11 a.m.** - Naval History: 1964-1966  
**4 p.m.** - The History of Air Power  
**Monday**  
**7 a.m.** - The Sound of Freedom: The Berlin Airlift  
**11:30 a.m.** - The Air Force Story; Chapter V 1935-1937

**4:30 p.m.** - Driving at Night: Safety

### Tuesday

**1 p.m.** - The Army in Action: Episode VI; Global War  
**6 p.m.** - Silver Wings, Golden Valor: The Air Force in Korea  
**9:30 p.m.** - African Americans in WWII: Valor and Patriotism

### Wednesday

**2 a.m.** - Operational Risk Management  
**1:30 p.m.** - Famous General: Pershing  
**11:30 p.m.** - The Consequences of Drinking and Driving: Verma's Story

### Thursday

**9 a.m.** - The Making of an Air Force Recruiter  
**6:30 p.m.** - The Consequences of Drinking and Driving: Carlie's Story  
**11 p.m.** - 50 Years of the UCMJ

Send TSTV story  
 ideas to TSTV@  
 sheppard.af.mil.

**Have a  
fitness goal?  
Visit the  
north and  
south fitness  
centers. They  
have the  
equipment  
and the  
people to help  
you  
reach it.**

# **Pool schedule**

Family passes for the pools are \$40, and individual passes are \$20. Daily fees are \$2 per person for ages 16 and older, \$1 per person for ages 4-15.

## **Bunker Hill water park**

Saturday and Sunday - noon to 7:45 p.m.

For more information, call 6-4161.

## **Main pool**

Saturday and Sunday - noon to 7:45 p.m.

Lap swimming - Monday through Friday - 10:30 a.m. to

12:30 p.m.

For more information, call 6-6494.

## **Capehart pool**

Closed for the season

## **Water aerobics:**

Monday, Wednesday and Friday - noon, 5 and 6:15 p.m. at main pool

Call 6-7491 for start dates.

Bunker Hill and the main pools will close for the season

Sept. 29.

Have a sports story  
idea? Submit it to  
sheppardsenator@sheppard.af.mil  
before noon on the Friday  
before the publication date.

## Sports Shorts

### North lanes to rock, bowl Friday, Saturday nights

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5-11 p.m. at the north lanes. For more information, call 6-4806.

### South bowling lanes to have moonlight colorama tournament

The south bowling lanes will host a moonlight colorama tournament at 7 p.m. Saturday. Cost is \$13 per person. For more information, call 6-2170.



### Combo bowling held every Thursday

Combo bowling will be held every Thursday at 12:30 p.m. at the south lanes. For more information, call Donna Dobbins at 569-2430 or Vivian Umlah at 569-1619.

### Army, Texas Christian University to square off

West Point is scheduled to play the Texas Christian University Oct. 4 at 7 p.m. at the Amon G. Carter Stadium. Call 1-877-849-2769 or visit <http://goarmysports.ocsn.com> for tickets. Cost

for tickets is \$23 for the Army section, \$11 for military group seating in the end zone and \$15 for non-group seating in the end

zone. For more information call ITT at 6-2302.



# Seabees make it Hotter 'n Hell

## By Petty Officer 1st Class Mack Clary

Naval Construction Training Center instructor

It wasn't a war zone, but the Seabees at the Naval Construction Training Center Detachment here made their mark during the 21st Annual Hotter 'N Hell Hundred bicycle race Aug. 23.

Volunteers led by coordinators Petty Officer 1st Class James O'Dell and Petty Officer 1st Class Leslie Cowan performed over 137 hours of work for the event. This included spray painting direction markers and putting up signs for the 247 miles of roadway that was incorporated into the five courses.

"The main event is the 100 miler, but there are 50-mile, 25-mile, 100K and 10K fun run courses as well," Petty Officer O'Dell said.

Chief Petty Officer John Beck, the 10K crew leader, said he and his crew had to get up at 2:30 a.m. to avoid traffic while painting the road markers.

"We had to fight our way past



# SEABEES

*"We Build, We Fight"*

skunks, rabbits and scorpions. Petty Officer 1st Class Utt painted a scorpion orange. He is very safety conscious (and) he had the bike riders safety in mind," he said.

The Seabees' involvement in the race wasn't finished after laying out markers along the route for the cyclists.

When the race began at 7 a.m. Aug. 23, a few Seabees were in the lead driving the official pace car of the event.

"It was a two-and-a-half hour drive for us and two-and-a-half hours for the 100K," Petty Officer 1st Class Clinton

Lyons said of his 50-mile trip.

"(At a rest station) about halfway through the 100 miler there were people laying on cots getting IVs," Petty Officer Cowan said of the strenuous 100-plus degree weather on the riders. "We got to participate in the United State's largest single day bike tour!"

The actual tour was started in 1982 to celebrate the City of Wichita Falls' centennial. The inaugural event netted more than 1,100 riders willing to challenge Hotter 'N Hell weather.

This year's tour saw more than 7,515 bicyclists and has become the largest tour of its kind in the country.



# Fitness center offers classes

The aerobics center, located in the south fitness center, offers coed aerobics classes seven days a week.

Call 6-2972 for more information.

## **Abdominal class**

Monday, Wednesday and Friday at 11 a.m.

Monday-Friday at 8 p.m.

## **Aerobics**

Monday at 7:15 a.m.

## **Step aerobics**

Tuesday and Thursday at 5:30 a.m.

## **Body pump**

Tuesday and Thursday at 9:15 a.m.

Thursday and Saturday at 11:30 a.m.

## **Basic step**

Monday, Wednesday and Friday at 7 p.m.,

Sunday at 2 p.m.

## **Yoga and pilates**

Monday and Wednesday at 10:15 a.m.

Wednesday at 5 p.m.

Thursday at 6 p.m. Saturday at 3 p.m.

## **Intermediate step**

Saturday at 10:15 a.m.,

Wednesday at 6 p.m.

## **Advanced step**

Monday, Tuesday 5 p.m.

## **Combo step**

Monday, Wednesday and Friday at

11:30 a.m.

## **Kickboxing**

Tuesday and Thursday at 7 p.m.

Sunday at 3 p.m.

## **Step/Floor**

Monday, Wednesday and

Friday at 9:15 a.m.

## **Spinning**

Tuesday and Thursday at 11:30 a.m.

Monday through Friday at 4:30 p.m.

Monday at 7 p.m.